

Coaches Clinic

Saturday, 12 January 2008

Last Updated Wednesday, 13 January 2010

To register for the 2010 Illinois High School Baseball Coaches Association Clinic and Hall of Fame Dinner, click on the MEMBERSHIP link on the left of this page, print it, and send the page with payment to Don Sutherland at Cary-Grove High School. His contact information is at the bottom of that page.

Once again, the Bulls/Sox Training Academy in Lisle will be our host for the IHSBCA Coaches Clinic.

FRIDAY February 5, 2010

4:00pm Registration and Exhibitors Booths Open

5:00- 6:00 Chris Paproth, Ron Smith, Jared Voss, Mike Napolean
1A, 2A, 3A, 4A State Champions

Helpful Offensive Plans

6:00-6:50 John Cohen, Head Coach Mississippi State
Helping Young Hitters Find a Stroke

6:50-7:10 VISIT THE EXHIBITORS

7:10-8:00 Butch Thompson, Pitching Coach Mississippi State University
Bullpen Enhancement along with Absolute Drill Series

8:00-9:00 John Cohen, Head Coach Mississippi State University
Mississippi State Wall Ball

9:00-11:00 IHSBCA Coaches and Exhibitors Appreciation Reception

SATURDAY February 6, 2010

7:00 a.m. Registration Begins (Coffee and Doughnuts)

8:00- 8:50 Cory Stevens, Head Coach Wabash College
Indoor Practices and Multiple Team and Position Drills

8:50-9:40 Pete Caliendo, President Caliendo Sports International
International Baseball Hitting Drills and Skills

9:40-10:05 VISIT THE EXHIBITORS

10:05-10:35 Mike Huff, Chicago White Sox
Bunting for Hits and Sacrifices -- Ideas and Drills

10:35-11:25 Joe Walsh, Head Coach Harvard University
Winning with Lesser Talent

11:25- 12:45 LUNCH AND VISIT THE EXHIBITORS 50/50 Raffle winners

12:45 -12:50 IHSBCA Announcements

12:50 - 1:40 Mike Huff, Chicago White Sox
An Outfielders Mindset and Fundamentals

1:40- 2:30 Justin Stone, Chicago White Sox
Infield Fielding Philosophy and Drills

2:30- 3:20 Nate Metzger, Heartland C.C. Head Coach and staff

Practice Organization

3:20- 3:30 IHSBCA Closing Comments